Celebrating the contributions of Martin Luther King Jr. and other change makers during the Civil Rights movement
01

Racism 101: A Pioneer’s Guide by Nikki Giovanni

02

Ella Baker’s Legacy Runs Deep. Know Her Name by Dr. Barbara Ransby
*New York Times*

03

African American Rights Movement

04

Black Man In a White Coat by Damon Tweedy, M.D.
*available for checkout at Duke Libraries*

05

The Case for Reparations by Ta-Nehisi Coates
*The Atlantic*
STILL I RISE
by Maya Angelou

You may write me down in history
With your bitter, twisted lies.
You may trod me in the very dirt
But still, like dust, I’ll rise.

Does my sassiness upset you?
Why are you beset with gloom?
’Cause I walk like I’ve got oil wells
Pumping in my living room.

Just like moons and like suns,
With the certainty of tides.
Just like hopes springing high,
Still I’ll rise.

Did you want to see me broken?
Bowed head and lowered eyes?
Shoulders falling down like teardrops,
Weakened by my soulful cries?

Does my haughtiness offend you?
Don’t you take it awful hard
’Cause I laugh like I’ve got gold mines
Diggin’ in my own backyard.

You may shoot me with your words,
You may cut me with your eyes,
You may kill me with your hatefulness,
But still, like air, I’ll rise.

Does my sexiness upset you?
Does it come as a surprise
That I dance like I’ve got diamonds
At the meeting of my thighs?

Out of the huts of history’s shame
I rise
Up from a past that’s rooted in pain
I rise
I’m a black ocean, leaping and wide,
Welling and swelling I bear in the tide.

Leaving behind nights of terror and fear
I rise
Into a daybreak that’s wondrously clear
I rise
Bringing the gifts that my ancestors gave,
I am the dream and the hope of the slave.
I rise
I rise
I rise.
01 My Name Is Pauli Murray

02 3 1/2 Minutes, Ten Bullets

03 I Am Not Your Negro

04 13th

05 How Racism Makes Us Sick

06 5 Unsung Heroes of the Civil Rights Movement

07 Civil Rights Foot Soldiers
AN ANGELIC TROUBLEMAKER

The Thread

CODE SWITCH: RACE. IN YOUR FACE.

"REFRAMING THE MOVEMENT"

Teaching Hard History
DUKE UNIVERSITY
MLK COMMENORATION
SERVICE OPPORTUNITIES

Opportunities to connect with our community in the spirit of service abound in our local community as the legacy of Reverend Dr. Martin Luther King Jr. is commemorated. Below are a few examples of service opportunities identified by local community partners for January 2022:

- Bull City Boomerang Bag! - Don't Waste Durham
- Dream Big Book Drive - Book Harvest
- Fresh Produce Program Distribution Day Packer - Root Causes
- Fresh Produce Program Delivery Driver - Root Causes
  - Fresh Produce Program Delivery Confirmation Caller - Root Causes
  - MLK Meal Packaging Event - Rotary and Duke MLK Commemoration Student Engagement Subcommittee
  - Period Product Packaging - Diaper Bank of North Carolina
  - Indoor Painting - World Relief Durham
  - And More!!

Scan this QR code for more information on these opportunities and to register today!

Follow @dukemlkcommittee for more opportunities and updates

Sponsored by the 2022 Dr. Martin Luther King Jr. Commemoration Committee
For more information about this and other MLK events, visit https://mlk.duke.edu

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DURHAM COUNTY PUBLIC HEALTH DEPARTMENT
Scroll to bottom of page
Occurring annually in January, MLK Day can be seen as a time to set goals or resolutions for the year ahead in the domain of social justice. If January 1st is dedicated to creating resolutions related to personal health and well-being, MLK Day can be used to create ‘resolutions for others’. Reflect on your own passions, and let us know: In 2022, what do you hope to do for others, or to spark change for the greater good?

**Sarah Jean Barton**

In 2022, I hope that I can accompany others through seasons of ambiguous loss and pain, and receive others into my own life in the same way.

**Anonymous**

Listen well as people share their thoughts and experiences, communicate openly and honestly.

**Wesley Pritzlaff**

In 2022, I resolve to give my all to: spreading kindness and helping others know that they are loved and valued, empowering others to realize their goals, seeking to learn something from every interaction with others, continuing to educate myself about social justice initiatives, and actively seeking opportunities to get involved and facilitate change. :)

**Anonymous**

I have always had a passion for mentoring the youth, whether that be religiously, academically or athletically. In 2022 I hope to find a new source of mentorship.

**Dr. Gary Johnson**

In 2022 I hope to make a positive impact in my community by empowering individuals to be more active participants in their health and healthcare, through exercise, diet, vaccinations or pursuing healthcare professions themselves...
What are you doing for others?

Although Dr. King will forever be remembered for his tireless fight for racial justice, this day is about improving society as a whole. Dr. Martin Luther King, Jr. was a heroic and driven leader that understood his passion and acted on it.

Today, we are asking you to do the same; reflect on the societal issue(s) YOU are passionate about changing, and learn what you can do about it. Set a SMART goal or two for the year ahead to make an impact on your community. This is a time to spark inspirational and sustainable change in the world - because, as Dr. King once stated, “Life’s most important and pertinent question is, ‘what are you doing for others?’”