

Charlie Sheets graduated in 1999 with a master's degree in physical therapy. In 2006, he was recognized as an Orthopedic Clinical Specialist through the APTA, and completed the training and examination to receive his Diploma in Mechanical Diagnosis and Therapy through the McKenzie Institute. He came to Duke in 2007, where he has worked at several clinics in the ambulatory system. He has assisted with classes in the Duke DPT program, including Evidence Based Practice and Physical Agents, and has assisted with the Manual Therapy Fellowship program. He has a peer reviewed article in press, and another currently in review; he also serves as a reviewer for the Journal of Manual and Manipulative Therapy. During his time at Duke he was elected the Capitol District Chair for the NCPTA, and has maintained a monthly orthopedic journal club involving therapists, students, and medical doctors. He is a credentialed clinical instructor through the APTA, and has had the good fortune of working with multiple students in local physical therapy programs, with another Duke student planned for this fall. This summer Charlie was accepted into the manual therapy fellowship program through the McKenzie Institute, and in October he will be presented with the award for the Outstanding Clinician of 2009 through the North Carolina Physical Therapy Association.